

THE JIB SHEET

January 2014



A publication for the members and friends of the Yaquina Bay Yacht Club - Est. 1947

FROM THE COMMODORE

Hello & Happy 2014!

As we sail into a New Year we have many great events on our horizon. This month we kick things off with our Chili Cook Off on Saturday, January 18th @ 6PM. Be sure to join us and bring your favorite chili recipe to compete. Our new flag pole should soon be going up and will be a great focal point for our building and club. We are taking sign ups for the Seafood & Wine Festival booth and many volunteers are needed to fill shifts. Our booth at Seafood & Wine raises a lot of money that goes to support many programs in our club. Please see Kelly Grier to sign up.

The Yacht Club hosted the Chamber of Commerce Ambassadors on the morning of January 10th with Dorothy's wonderful stuffed French Toast and lots of other goodies. We gave an overview of the club & membership, programs, and rental of club house to the crowd of 20. One of the Ambassadors took an application and said that she and her husband will be signing up and many others asked a lot of questions and showed interest. Events like these are great ways to get the word out about the club to a larger audience.

I want to put a big thank you out to all of our Board of Directors and the many people in the club who donate of their time to enhance our club in so many ways. There are always opportunities to roll up your sleeves and dig into something in and around the clubhouse or simply just by spreading the word to others about our club and all that it has to offer. We welcome people to invite prospective members to our monthly potlucks as this is a great way to show them what a great group we are!

See you at the cook off,
Elliott Crowder, Commodore

YBYC OFFICERS

Commodore.....Elliott Crowder
Vice Commodore....Kelly Greer
Rear Commodore...Eric Brasseur
Secretary..... Alice McNamara
TreasurerDorothy Bogumil

YBYC BOARD MEMBERS

Bridge to Bridge...Mike Blackburn
Education..(Interim) Mac McConnell
Fleet.....Tom McNamara
Membership.....Barb Fulmor
Publicity.....Daniella Crowder
Racing.....Greg Krutzikowsky and Jim Rice
Hospitality.....Alice McNamara
House.....Donna Hadden
Ships Store.....Pete Sanok
Webmaster.....Pete Sanok

CHECK OUT YBYC ONLINE

www.yaquinabayyachtclub.org
<http://groups.yahoo.com/group/>
<http://www.facebook.com/YaquinaBayYachtClub>

CLUB HAPPENINGS

January 18th 6:00 pm-Chili Cook-off at the Clubhouse
February 12th 5:30pm-Youth Varsity/JV Parent Meeting
OBF Float House
February 15th—YBYC Wine Tasting
February 20-23-Seafood and Wine Festival

YAQUINA BAY YACHT CLUB

750 SE Bay Blvd Newport, OR 97365
www.yaquinabayyachtclub.org

Questions about YBYC? Email us at YBYC.email@gmail.com

Submissions for the Jib Sheet newsletter?
Email Pat Blackburn plblackburn@comcast.net

BIG SEASON PLANNED FOR HIGH SCHOOL AND JUNIOR SAILING!

Now in its 5th year, YBYC's high school sailboat racing program will be in full swing next month with a parent meeting Feb. 12 and twice weekly practices (Mondays and Wednesdays, starting at 4pm), beginning on Feb.19. Weather permitting, practices will either be on the bay in the club's fleet of 420s, or in the float house doing boat maintenance and learning seamanship skills. Practices will continue until late April, when they transition to Wednesday night sailing.

Student athletes from Toledo, Taft, and Waldport high schools have expressed interest in joining the team, in addition to our returning Newport sailors. We hope to send sailing teams to at least two regattas in our region, which extends north from Newport to the San Juan Islands. This program is targeted at student athletes from grades 7 and up, although some regattas are restricted to high school students. The website for the calendar is listed below.

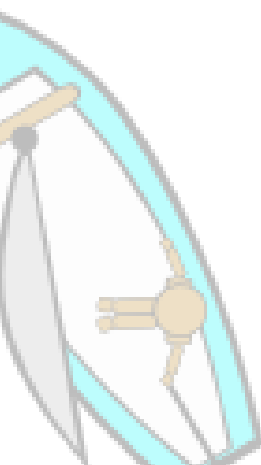
We will also have a month-long Junior racing class in April, as we did in 2013. The class will use the club's fleet of JY trainers and is designed for beginning and younger sailors who will learn to sail (or hone their sailing skills) while learning to race. The Junior class starts Apr. 2 with a parent meeting, then practices on Mondays and Wednesdays (4-7 pm) until the end of April. Space for this class is limited by the number of available boats, so contact Joe Novello (joenovello3@gmail.com) to reserve a spot for your up and coming sailor.

High school and Junior sailors will celebrate the sailing season with a one-day youth regatta in early May.

This program would not be possible without the help of many, many volunteers. If you're interested in helping, please contact Joe to see how your skills can best be put to use. Or if you want to watch some amazing sailing by a very talented group of student athletes, come by the bay during practice to watch the action (we usually sail in front of the Embarcadero).

High school sailing calendar:

<https://docs.google.com/spreadsheets/ccckey=0AmvCZe64rwmWdGdNLUt5WklwaVBYQ1pMR0ZBWFITUIE#gid=0>



1. Starboard Tack



YBYC YOUTH SAILING SCRAPBOOK



YBYC EDUCATION CORNER

NOTES FROM ED (UCATION)

We're continuing the Winter Wednesday Nights at the clubhouse as we did last year, getting together to have some fun and perhaps learn some things until racing starts up again. Joe Novello has kindly volunteered his help and I have gratefully accepted.

Starting next week, the 15th, at 7:00 pm, we'll have a movie night, presentation, or workshop every other week.

Here's the schedule so far, chiseled in Jell-o in case somebody has better ideas:

January 15th, 7:00 pm **Movie-** "White Squall" a great story of a tall ship doubling as a school...

January 29th, 7:00 pm **Presentation** by Joe Novello about being in San Francisco for the America's Cup races. He says he has some goodies to share as well.

February 12th, 7:00 pm **Movie-** "Perfect Storm" a movie to make you glad you weren't there.

February 26th, 7:00 pm **Man Overboard workshop**, with practice the following Saturday during the Frostbite Sail.

March 12th, 7:00 pm **Movie-** "White Cloud" about a girl who gets lost at sea and found again.

March 26th, 7:00 pm **Navigation-** with GPS or without, in case you need to know where you are and how to get where you're going safely.

April 9th, 7:00 pm **Race Committee Training-** setting a proper line, determining the best course for the conditions, and following proper procedure when you're doing RC duty.

April 23rd, 7:00 pm **Rules Refresher Session** with the UK Sails animated situations on the big screen, in hopes of another crash-free racing season.

As I get them, I'll share the dates for the Kayak classes Tom Murphy will be teaching and the kids programs OBF will be offering this summer, possible adult small boat classes, as well as some other workshops and training if members are interested. Possible offerings could be checkout sessions and docking practice for the club boats, some advanced anchoring techniques, some heavy weather sailing techniques, or anything anybody wants to suggest.

Hope to see you there!

Your humble servant Mike "Ed" Fulmor

January Get-Together

Time to Stir the (Chili) Pot January 18

With the cold winds of winter howling outside, once again it's time for one of the year's hottest events, The Annual Chili Cook-Off.

Yours truly will refrain from entering the infamous Night Watch Chili which has won the past two years, and be content to be on the sidelines making Margaritas. Look for Admiral Barb to field an entry, however!

As always, the contest will be a blind judging, open to all types of chili, with a prize and a plaque on the Perpetual Chili Trophy going to the winner, and a prize for People's Choice as well. If entering, please bring your chili, preferably in a crock pot (we do have a few available at the club), between 6 and 6:30 for judging. People's Choice judging will commence at 7:00.

If you're not bringing an entry, please bring a side, salad, or dessert for potluck. There will be chili toppings, Margaritas and beer on offer, the bar will be open, and it will be a muy mucho fun evening! Hope to see you all there!

Coming Next Month!

(Mark Your Calendars)

Wine Tasting

For our February get-together come to the clubhouse ready to taste the wines we will be selling at YBYC/Red Diamond Wines Booth at the Seafood and Wine Festival.

Pot-luck details will be posted in the February Jib Sheet.

Homebrewers- Start your Batches!

The March Meeting/Potluck is going to be another homebrew theme, a chance to match your beer(s) with others or at least an opportunity to show off your brewing skills, so now's the time to figure out what you're going to bring and get those worts a'boiling. Prizes will be for best Winter brew (Porter, stout or whatever you think is a good fit) as well as best Other. You can enter as many as you want. Judging will be informal and it's all FUN, so hope to see lots of different entries. I'm going to Bier 1 for supplies today!

Mike "Ed" Fulmor



RACE AND CRUISE NEWS

2014 is here and with the beginning of the year come the Frostbite Series which is slated for the 1st and 3rd Sunday of each month through April. The first Frostbite sail on January 5 saw very light turnout in the strong and gusty easterly winds on a sunny and warm Sunday. Hopefully more people and boats will start enjoying winter sailing opportunities and the weather will be cooperative as the winter progresses. Remember the Frostbite Series is just an opportunity to go out sailing with friends and enjoy being out on the water. This is also a great time of year for birding out on the bay. Lots of ducks, grebes, loons and cormorants to be seen as well as the occasional merganser and bald eagle.

We have a few other cruises planned for the summer months, but there's always room for new ideas. So please send any cruise ideas our way. We'll see how they can best be incorporated into the schedule and help get the word out!

Greg

Volunteers Needed for the Seafood and Wine Festival

Volunteers are needed at the Wine and Seafood festival Feb 20-23. Please call Kelly Greer at 541 961-5830 cell or 541 867-3513 home. Wine tasting will be at the February 15th meeting. The required OLCC training is at the Newport Elks lodge at 6pm on February 5th or 11th or 18th. Last years permit is not valid this year.

MEMBERSHIP

by Barb Fulmor

Please welcome new members
John & Melody Lavrakas
to YBYC!

YBYC CLASSIFIEDS

Kayaking gear for sale:

Womens Kokatat medium gortex paddle jacket \$50, Lotus Deisgns Kayak Life Jacket with multiple pockets including a Kokatat add on pouch size medium \$25, Paddle Boy Kayak cart \$10, Snapdragon spray skirt medium tunnel small skirt \$35.

Contact JoeNovello3@gmail.com if interested.

Komando Dash Cam \$50 OBO.

Works great, lightly used.. Call, text or email Pat Blackburn 541-570-9109
plblackburn@comcast.net



My Sailing Helmet Story

by Mike Blackburn

Last August 11 I was sailing in the bay with my wife and Donna and Guy and got hit in the head with the end of the boom. I had gone forward to hoist the genoa and then just stepped down into the cockpit and headed toward the helm. I was watching my feet and the helm and mainsheet when the boom swung abruptly, the sail whipped by a gust, and the end of the boom hit me in the right side of my head, right in the temple. It dazed me for a moment, hurt like hell and I stood for a moment waiting to lose consciousness. When I didn't, I stepped down into the seat and took the helm. Everyone was concerned and so was I, but other than the initial pain, I felt nothing unusual.

We went on sailing. I didn't want to stop because we had a day sail planned. The ocean was relatively calm and the wind was ideal. It was a great weekend that we were capping off with a daylong ocean sail and I wasn't going to stop for anything. I didn't have time to ice it or think about it any further. In a short while it swelled, got very discolored and Pat got very concerned. She said it looked like I had a third eye on the side of my head.

We had a great sail that day. We came in a little earlier than I planned when I became concerned about Pat's concern. I finally looked at it in a picture or mirror and was shocked at how big and ugly it was. She said it was worse before and the swelling was already going down and that's when I started to feel pain, dizziness and a little nausea. After the boat was docked and ship-shape was when I could sit down and relax for a minute. It didn't feel as bad as it looked (it looked really bad) but I was starting to feel it.

I didn't go to a doctor to get it checked out. It didn't feel that bad. There was no bleeding. It hurt to touch and felt weird. I suspected that all they would do I

s tell me to rest and avoid activity for a while and come back if there was a change. So I rested. I skipped sailboat racing for a week and no weekend sailing for a couple of weeks. My job is sedentary and I didn't do anything after work. The pain came and went. The bump and discoloration stayed.

I started to get headaches, irritability and forgetfulness. After a month it was still painful to touch and discolored. I knew it was more serious than I originally thought but it was too late to do anything about it except get a helmet to wear sailing because another bump in the head wasn't just going to hurt. It's a baseball base-coach helmet designed to take a bump in the head, not a fastball. I wore it sailing in the Columbus Day regatta and it wasn't very obtrusive. If it goes overboard it will float.

After 2 months there was still a visible bump and discoloration. By mid-November the bump was hard to see but I could feel it and it was tender to touch. In December it is still tender and my head a little achy. I don't feel the irritability or nausea any more. My memory is as bad as ever but I won't forget to wear my helmet when I sail. I'm afraid of what another concussion would do to my brain. I'm at the age where my body is getting weaker, my joints ache more and I need to keep my mind sharp.

So make fun of the helmet if you want. I'm a big boy, I can take the ribbing. I don't know of anyone else in the club getting hurt while sailing. I have seen one young sailor get hit pretty hard with the boom of a 420 and I've seen others get little bumps on deck or ducking into a companionway. I'm not going to get crazy and suggest everyone needs to wear a helmet while sailing. PFD, yes. That way if you are knocked unconscious by a boom you will float making it easier to get you back on board.

Fun with Good Old Boats

by Mary Kinnunen
peninsulaxwords.com

ACROSS

1. Make adjustments
6. Small town supermarket chain
9. Embattled
14. Large prefix
15. Central
16. Most populous Greek island
17. Gratis grub?
19. Flies like an eagle
20. Enthusiastic group
22. Spot ___ and crumpets
23. In the recent past
26. Soothsayer
28. Chicago paper, informally
29. Whippersnapper
32. Averting blows?
33. Jerry's nemesis
34. Best scenario
36. Senator Hatch
39. White House fiscal grp.
40. Good old boaters go...
42. Popular U.S. Spanish-language newspaper
43. Stink
45. "Live long and prosper" actor
46. Sinus doc
47. Stronger case of 43 Across
49. And not
50. Mishmash
51. Deep divisions
54. Otter or dolphin, e.g.
56. Greek fertility deity
57. Satisfy and then some
60. Hold dear
62. Share stories?
66. Civil rights activist Medgar
67. "You ___ here"
68. Rafsanjan resident
69. 000 indicator, perhaps
70. "Ain't gonna happen!"
71. Playful prank

DOWN

1. Bowling alley initials
2. Women's grp. since 1890
3. Virtuoso
4. Like a Quonset hut
5. Go-for connection
6. Apple product
7. American ___ dolls
8. Total
9. Coolers, briefly
10. Police officer
11. Climate control?
12. Up ___ (cornered)
13. Posed again
18. Iroquois Confederacy member
21. Playtex product
23. Preminger et al.
24. "Art of Loving" author Erich
25. Supple slots?
27. Science suffix
30. Chinese menu word
31. Bristol of "Dancing with the Stars"
34. Key chain?
35. Rented ride
37. Ancient Greek city with architectural style
38. Unisom alternative
41. Regular
44. Spare time
48. Eng. distance units
50. Masters champ Mark
51. Split apart
52. Thirst for
53. Lucifer
55. Dusty place
58. Garr of "Young Frankenstein"
59. Holly genus
61. Detroit hrs.
63. Once around
64. Toledo-to-Buffalo dir.
65. Chichester title

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Fun for the Younger Sailors



CROSSWORD PUZZLE ANSWERS

(No Cheating!)

FUN WITH GOOD OLD BOATS

A	D	A	P	T		I	G	A		A	T	W	A	R
M	A	C	R	O		M	I	D		C	R	E	T	E
F	R	E	E	B	O	A	R	D		S	O	A	R	S
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MEMBER-2-MEMBER NETWORK

Need a service but don't know who to call? Rather than calling a stranger or looking in the yellow pages, **call another YBYC member!**

Every member who runs a business or performs a service is encouraged to sign up. It's totally FREE to members! Non-members pay a nominal fee.

Want to get yourself listed? Email the YBYC newsletter editor at plblackburn@comcast.net with your listing information.

Alan Brown Tire Center (Les Schwab)

Ken Brown *manager* 155 SW Coast Hwy
Newport, OR 97365

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Email: tyrquy@yahoo.com

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